Non - Negotiable and Fluency Word Program



First 1,000 English Word Flashcards

By Blaine A. Helwig



First 100 Word Flashcards

a	any	boy	do
about	are	but	down
after	as	by	eat
again	at	can	for
all	be	come	from
an	been	day	get
and	before	did	give

go	here	is	make
good	him	it	man
had	his	just	me
has	how	know	much
have		like	my
he	if	little	new
her	in	long	no

not	our	some	there
of	out	take	they
old	put	that	this
on	said	the	three
one	see	their	to
or	she	them	two
other	SO	then	up

US	which	your	three
very	who	about	said
was	will	again	know
we	with	come	would
were	work	before	were
what	would	there	day
when	you	their	they



Second 100 Word Flashcards

also	best	bring	ear
am	better	call	end
another	big	came	far
away	black	color	find
back	book	could	first
ball	box	dear	five
because	both	each	found

four	house	live	most
friend	into	look	mother
girl	kind	made	miss
got	last	men	near
hand	leave	may	name
high	love	more	never
home	left	morning	next

night	please	run	soon
only	present	saw	stand
open	pretty	say	such
over	ran	school	sure
own	red	seem	tell
people	read	shall	than
play	right	should	these

thing	use	why	because
think	want	year	leave
too	way	because	may
tree	where	leave	present
under	while	may	upon
until	white	present	present
upon	wish	upon	leave



Third 100 Word Flashcards

along	brown	coat	door
always	buy	cold	dress
anything	car	cut	early
around	carry	didn't	eight
ask	clean	does	every
ate	clothes	dog	eyes
bed	close	don't	face

fast	funny	hat	jump
fat	grow	head	keep
fine	gave	hear	letter
fire	goes	help	longer
fly	green	hold	loud
food	happy	hope	might
full	hard	hot	money

myself	ride	show	start
now	round	sing	stop
oʻclock	same	sister	ten
off	sat	sit	thank
once	second	six	third
pair	set	sleep	those
part	seven	small	through

today	warm	yes	through
tomorrow	wash	yesterday	tomorrow
took	water	yell	yesterday
town	woman	close	close
try	write	does	does
turn	yellow	head	head
walk	yellow	once	tomorrow



Fourth 100 Word Flashcards

addition	bad	club	deal
age	behind	compare	depend
ago	bill	cost	detail
anyone	blood	cover	difficult
arm	catch	create	disease
art	cell	current	drive
attention	child	date	drop

effort	game	item	maybe
energy	history	join	mile
fall	hit	late	model
father	horse	let	month
film	hotel	library	normal
firm	information	lose	okay
forget	issue	major	page

pattern	pull	result	shop
pay	quick	rise	short
person	reach	risk	son
plant	record	sale	sort
prepare	remember	sea	speak
profit	remove	send	stay
project	report	share	step

street	top	wife	information
suffer	understand	word	issue
summer	view	compare	item
task	visit	create	profit
tax	wall	current	record
term	week	disease	tax
title	wide	energy	term



Fifth 100 Word Flashcards

able	beautiful	broke	check
add	became	build	circle
afternoon	begin	cannot	class
air	below	care	clear
already	boat	careful	cloth
animal	body	center	couldn't
baby	boot	change	dark

die	easy	fell	happen
dinner	edge	fight	heard
doing	else	fill	heart
draw	everyone	follow	heavy
dream	everything	free	herself
dry	fair	front	hour
earth	familiar	half	hurt

ľd	lady	lost	pain
idea	land	lots	park
inside	learn	mixture	pass
instead	length	mountain	past
job	line	move	picture
kids	list	nice	plan
kill	listen	ocean	real

reason	talk	window	mountain
rest	teach	yourself	solution
save	that's	cloth	width
ship	throw	heard	cloth
sent	wasn't	instead	heard
sick	watch	length	instead
solution	width	mixture	length



Sixth 100 Word Flashcards

above	area	church	during
act	become	city	either
action	began	company	enough
against	being	country	even
almost	between	develop	ever
although	business	different	example
among	children	done	fact

family	ground	interest	law
feet	group	its	least
felt	himself	it's	less
few	honest	itself	life
form	however	knew	light
general	human	large	local
great	important	later	matter

means	often	possible	room
member	orange	power	several
mind	order	president	shown
must	per	problem	side
need	perhaps	program	since
nothing	place	public	something
number	point	rather	state

still	well	yet	mind
system	went	young	per
thought	whether	although	perhaps
time	whole	among	shown
told	within	business	whether
toward	without	develop	although
truck	world	either	among



Seventh 100 Word

across	bank	choose	decide
affect	behavior	claim	describe
allow	board	common	difference
apply	brother	computer	discover
argue	case	contain	doctor
attitude	chance	couple	due
award	chapter	dead	effect

enter	final	involve	meet
event	floor	leg	minute
expect	forward	level	music
explain	garden	loss	news
fail	health	lot	note
feel	improve	main	occur
figure	increase	material	oil

party	produce	reduce	simple
percent	purpose	remain	size
piece	quiet	replace	someone
police	raise	return	sound
pound	really	seat	space
practice	receive	sell	spend
price	recent	sign	stone

strong	train	voice	occur
success	treat	wait	percent
surface	true	affect	piece
table	unless	attitude	various
team	useful	effect	voice
test	various	increase	affect
together	village	involve	attitude

Non - Negotiable Word Program



Eighth 100 Word Flashcards

Recommendations for Use: Print on 67 bond weight paper, cut apart, and place in 3"x4" baggies. Match the color used on your fluency folder for each 100 word set.

achieve	aware	character	death
agree	bear	choice	demand
answer	believe	community	design
appear	break	concern	direction
appropriate	building	continue	division
arrive	cause	court	education
avoid	century	daughter	enjoy

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evening	glass	king	memory
factor	goal	language	moment
field	hair	lead	nature
finish	hospital	lie	necessary
foot	husband	low	offer
force	identify	machine	office
future	introduce	market	paper

parent	prove	royal	skill
period	question	rule	smile
pick	ready	science	social
poor	reflect	sense	sorry
press	refuse	serious	special
prevent	respect	serve	specific
private	road	single	story

student	type	wonder	identify
study	usually	wrong	introduce
suppose	value	achieve	language
teacher	war	appropriate	prevent
theory	wear	avoid	sense
though	whose	century	social
total	win	design	specific

Non - Negotiable Word Program



Ninth 100 Word Flashcards

Recommendations for Use: Print on 67 bond weight paper, cut apart, and place in 3"x4" baggies. Match the color used on your fluency folder for each 100 word set.

actual	borrow	control	deserve
amount	brought	correct	desk
attack	busy	daily	disappoint
attempt	certain	dance	doubt
available	charge	decision	entire
beyond	complete	decrease	equal
blue	connect	deep	evidence

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except	female	gun	island
excited	frustrate	hall	lack
experience	further	held	lay
false	gone	hundred	led
farm	government	hunger	male
fear	guard	impossible	meaning
feed	guess	inform	middle

mine	organize	probably	season
minor	outside	property	seen
mister	paid	proud	shake
modern	peace	provide	shy
neither	pleasure	punish	sky
nervous	plenty	river	soil
north	position	sale	sometimes

south	sudden	worry	experience
spring	support	worse	further
square	themselves	available	government
stir	trade	borrow	guard
stood	truth	decrease	island
stream	west	deserve	minor
strike	wing	evidence	nervous

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Tenth 100 Word Flashcards

Recommendations for Use: Print on 67 bond weight paper, cut apart, and place in 3"x4" baggies. Match the color used on your fluency folder for each 100 word set.

ahead	chair	distance	empty
ancient	cool	disturb	encourage
battle	count	dollar	enemy
beside	cross	drink	escape
born	curse	dust	evil
bridge	danger	duty	excellent
camp	desire	earn	explore

favor	freeze	leader	mouth
file	gas	limit	narrow
fit	heat	mark	neighbor
fix	hill	mass	nobody
flat	honor	master	non
flow	judge	melt	obvious
forest	key	message	opposite

perfect	remind	shelter	somewhere
plane	rich	shoe	spoke
poem	scene	sight	sport
pray	search	signal	stain
print	secret	slip	stair
rain	shape	soft	straig ht
recognize	sharp	solid	strange

surprise	valle	wind	judge
surround	vote	worth	narrow
sweet	warn	ancient	neighbor
taste	wave	bridge	obvious
thick	weather	curse	recognize
thin	weight	encourage	remind
touch	welcome	honor	scene